

NORTH SALEM SENIOR CITIZENS
P. O. BOX 219
NORTH SALEM, NY 10560

May, 2022

Hi Folks,

“Sternum Up!” A day after the April meeting, I was greeted with those words by one of our members who was remarking on how much she had enjoyed Dr. Anne Brandon's presentation. She informed me that she had been sharing the advice with her daughter -- a gentle reminder about the importance of good posture. And, like everything else, it seems to take on more significance as we age. So, Sternum Up! It turned out to be a fun and interesting meeting. Thanks to all who attended.

Coming up on May 10 - Dr. Freeston, the Superintendent of the North Salem Central School District, will give a talk about the upcoming school budget vote. Since he's retiring this year, this will be his last visit with us. Frankly, last year when I learned that the May meeting consisted of a talk by the School Superintendent concerning the budget vote, I was going to decline, thinking it would be boring. I know - I'm bad. Well, I went anyway and was delighted by the informative presentation. So, why not plan on coming? We'll be serving wraps and I understand two members are bringing dessert. Please email me at northsalemseniorclub@gmail.com or call Muriel at 914-669-5662.

Reminder: Library Fair Saturday, May 14 from 10 to 4. How about signing up to spend an hour or two at the NS Seniors table? Please email me or call me at 203-952-9413. It's always a fun event - books, food, animals, baked goodies, plants - WOW!

If you attended the April meeting, you already know that Jinx and Candace are busy planning a few upcoming trips for us. We'll keep you informed as details emerge. For now, the first trip is being planned for lunch at the Red Rooster on Tuesday, June 7th, followed by a game of miniature golf. They're also checking out trips to a new casino in Newburgh, a winery tour, Keeler Tavern, Dutchess County Fair, the Prospector Theater in Ridgefield.

Boo Hoo! The latest news on our new senior van is that it's scheduled to arrive in September. I know, it's been delayed several months. A sign of the times.

As those who attended the April meeting know, the Lewisboro Brooklyn trip was canceled due to lack of participants. So, if you're at all interested in the June 23rd trip to the Bocuse Restaurant at the Culinary Institute as well as a cruise on the Pride of the Hudson, sign up as soon as you can. It sounds like a lot of fun to me. The cost is \$84 and the deadline to sign up is May 25th, but I'd do it a lot sooner because it might get all filled up before then.

Upcoming meetings:

- May 10 - Firehouse - Dr. Freeston, Superintendent of Schools
- June 14 - Firehouse - Fun Meeting - Bingo and a new game called Left, Right Center
- July - no meeting
- August 9th - Woo Hoo! Come celebrate North Salem Seniors Club's Fiftieth Anniversary + Say Happy Birthday Big Time to all our members who have reached or passed the age of NINETY!

A regular reminder: bring used towels and sheets to the meeting, as well as aluminum tabs.

Tech tip for May: How to take a screenshot - press the side button and the volume up button at the same time and quickly release both buttons. After you take a screenshot, a thumbnail appears in the lower-left corner of the screen. Tap the thumbnail to open it or swipe left to dismiss it. Or, you can just ask Siri/Google to “take a screenshot”.

Thanks for all you do,

Marianne Collins, President

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