



MAY 2023

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CRAFT CORNER FOR KIDS

Join the Rec Dept on Mondays and get crafting! Each week we will feature a different project for the first 45 minutes. The remaining 15 minutes will be an open creative time for children to explore their imagination.

K TO 5TH GRADERS

NORTH SALEM COMMUNITY CENTER
3 OWENS RD, CROTON FALLS

4 Crafting Classes - \$60 - 4:00 to 5:00 PM
May 22nd, June 5th, June 12th & June 19th

TO REGISTER: WWW.NORTHSALEMNY.ORG

Senior Fitness Hour for Every Ability

Classes are designed to avoid floor activity, use chairs and walls for stability and accessibility. You will be motivated and entertained throughout the class. SPACE IS LIMITED. join us for a fun hour of fitness!

10:00 AM TUESDAY MAY 16 - JUNE 20

SIX WEEKS \$120 SIGN UP ONLINE

WWW.NORTHSALEMNY.ORG/RECREATION

MUSIC TOGETHER with Ernie

WEDNESDAYS 10:00 AM
MAY 17 - JUNE 21
for kids birth - 4 years old
\$130 for 6 week program

parent/caregiver present & participating program

North Salem Community Center
3 Owen's Road Croton Falls NY

please register online:
www.northsalemny.org/recreation

me & you YOGA

FOR KIDS 2 TO 4 & THEIR GROWN-UP
PARENT/CAREGIVER PRESENT & PARTICIPATING PROGRAM

The benefits of yoga for kids

- Flexibility, Strength, & Coordination
- Focus, Concentration & Mindfulness
- Relaxation, Inner Calm, Confidence
- Self & Body Awareness

4 Class Introduction Series \$80
Thursdays May 18th - June 8th 10AM

at our Community Center
3 Owens Road, Croton Falls

REGISTER ONLINE AT WWW.NORTHSALEMNY.ORG/RECREATION

Seniors & Adults CRAFT CORNER

Enhance your crafting skills and gather with people in our community while working on fun and engaging projects

North Salem Community Center
3 Owens Road, Croton Falls, NY

Different projects each week
Friday - May 19th & June 16th
11:00AM - 12:00PM, 2 Classes
\$10 supply fee

register online: northsalemny.org/recreation
or call 914-669-5665

ADULT CO-ED SOCCER DROP-IN PROGRAMS

SPRING 2023

MONDAYS, APRIL 25TH - JUNE 26TH
\$20 MEMBERSHIP FEE PER PERSON

COMPETITIVE SOCCER: VOLUNTEERS PARK
6:30 - 8:30PM

FUN & FITNESS: JOE BOHRDRUM PARK
7:00 - 8:30PM

Must be 18 years or older to join. It is important to stay active as well as enjoy what you are doing! Join us and stay healthy with neighbors, new friends and family!

TO REGISTER: WWW.NORTHSALEMNY.ORG/RECREATION

Happy Hour with Colleen

A gentle restorative class that combines yoga, guided meditation and a healing sound bath with singing bowls and chimes. Allow your body and mind to surrender, relax and reset.

Drop-In Classes \$25
6 Class Series \$120
Wednesdays 2:00 - 3:00
May 17th thru June 21st

Classes at the Community Center - 3 Owens Road
Join us for this relaxing class by registering online:
www.northsalemny.org/recreation

MEN'S BASKETBALL DROP-IN PROGRAMS

WINTER 2022/2023
\$20 MEMBERSHIP FEE PER PERSON
PEQUENAKONCK ELEMENTARY - GYM

UNDER 40 MEN'S GROUP:
THURSDAYS, DECEMBER 1ST - JUNE 22ND
8:00 PM TO 9:30 PM

OVER 40 MEN'S GROUP:
MONDAYS, JANUARY 9TH - JUNE 12TH
7:30 PM TO 9:00 PM

Join others from the North Salem community for weekly indoor pickup basketball games. The listed ages for each group are just a suggestion, feel free to join the group you feel is most appropriate for you.

TO REGISTER:
WWW.NORTHSALEMNY.ORG/RECREATION

Tai Chi QiGong with Cheryl Aiello

A gentle movement class for seniors, focusing on breath, body awareness, balance and relaxation for better health.

Accessible For All

6 weeks for \$60
Fridays 1:30 - 2:10
May 19th - June 23rd

Join us for this uplifting and healing class by registering online today!
www.northsalemny.org/recreation



NORTH SALEM RECREATION

2023 Summer Programs Lineup

ONLINE REGISTRATION OPENS 5/11

WWW.NORTHSALEMNY.ORG/RECREATION

QUESTIONS? EMAIL RECREATION@NORTHSALEMNY.ORG

AUGUST 7-10

MON-THURS



Saints Basketball Camp
1st-6th Graders - \$330
9am-2pm @ PQ Gym

US Sports Multi-Sport Camp
5-11 years old - \$189
9am-12pm @ JB Park
(raindate Friday)

Mission Space Craft Camp
K-5th Graders - \$260
9am-2pm @ NSCC



AUGUST 14-17

MON-THURS

US Sports Soccer Camp
5-11 years old - \$189
9am-12pm @ JB Park
(raindate Friday)

J&J Basketball Camp
3rd-9th Graders - \$275
9am-3pm @ PQ Gym

Scales & Tails Craft Camp
K-5th Graders - \$260
9am-2pm @ NSCC



AUGUST 21-24

MON-THURS



US Sports Flag Football Camp
5-11 years old - \$189
9am-12pm @ JB Park
(raindate Friday)

Under the Sea Craft Camp
K-5th Graders - \$260
9am-2pm @ NSCC



AUGUST 28-31

MON-THURS

Overtime Athletics Sports Spectacular Camp
K-5th Graders - \$189
9am-12pm @ JB Park
(raindate Friday)

Crafty Campers Craft Camp
K-5th Graders - \$260
9am-2pm @ NSCC



LOCATIONS

PQ Gym
Pequenakonck Elem. School
173 June Rd, North Salem
JB Park
Joe Bohrdrum Park
15 Sunset Dr, North Salem
NSCC
North Salem Community Center
3 Owens Rd, Croton Falls
Vol. Park
Volunteers Park
242 June Rd, North Salem

ADULT PROGRAMS

Competitive or Fun & Fitness
Co-ed Soccer
Monday Evenings - \$20
Vol. Park or JB Park

Yoga & Relaxation Hour
6 wks/\$120
Wed 10am - starts 5/17 @ NSCC



SENIOR PROGRAMS

Weekly fitness, arts & social programming schedule available online or at NSCC



NORTH SALEM DAY CAMP

AT MT. LAKES

6 WEEK PROGRAM
PRE K-7TH GRADE

WWW.NORTHSALEMDAYCAMP.ORG

WEEKLY PRESCHOOL PROGRAMS



US Sports Multi-Sport Programs
for 2-6 year olds - 5 wks/\$130
Monday Afternoons - starts 7/10 @ JB Park

US Sports T-ball & Soccer Programs
for 2-4 year olds - 6 wks/\$155
Sunday Mornings - starts 7/9 @ JB Park

Little Sprouts Nature Program
2.5-5 year olds - 4 wks/\$80
Mondays 10-11am - starts 6/5 @ NSCC

Music Together w/ Ernie
birth - 4 years old - 6 wks/\$130
Wednesdays 10-11am - starts 5/17 @ NSCC



MORE PROGRAMS TO COME! CHECK BACK THROUGHOUT THE SUMMER.

SCHEDULE & AVAILABILITY SUBJECT TO CHANGES OR CANCELLATIONS.



Tai Chi

with Cheryl Aiello

Qigong

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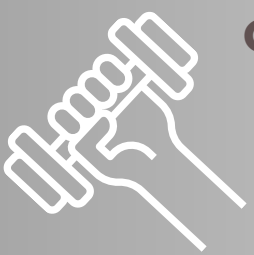


& Doris Ornstein



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WE'RE HIRING!

NORTH SALEM DAY CAMP



LOOKING FOR CANIDATES WHO...

- HAVE EXPERIENCE WORKING WITH KIDS
- HAVE A POSITIVE AND ENERGETIC ATTITUDE
- ENJOY PLAYING GAMES AND THE GREAT OUTDOORS

OPEN POSITIONS :

- COUNSELORS (AGE 15+)
- HEAD COUNSELORS (AGE 18+)
- LIFEGUARDS (AGE 16+)
- ACTIVITY LEADERS (18+
 - MUSIC, NATURE, OUTDOOR SKILLS, BOATING

APPLY ONLINE TODAY!

www.northsalemdaycamp.org/staff

